

# WELLNESS

## for Every Part of You



**\$0 Enrollment Fee**  
with code: **MAKEYOURMOVE<sup>1</sup>**

**Get Started:** Scan the QR Code >  
LifeSolutions Login> Active&Fit Direct.



### Top Gyms Starting at \$28/mo.<sup>2</sup>

From yoga, to strength, to Pilates, and more—**thousands of gyms and premium studios** to choose from. Pick your favorite and work out your way.

### NEW Active&Fit Direct™ Marketplace

#### 10% - 50% Off Wellness Products<sup>3</sup>

Unlock exclusive deals on gear, gadgets, and apparel from Adidas®, New Balance®, Fitbit®, NutriBullet®, Therabody®, and more!

### No Long-Term Contracts, Annual Fees, or Cancellation Penalties

Enjoy ultimate flexibility and choice. Plus **save \$5** when you add a second gym.<sup>4</sup>

### More to Power Your Progress

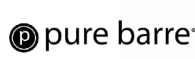
**Enroll your partner** and move toward your goals together.<sup>5</sup>

Access thousands of on-demand workout videos  
—**free and at your fingertips.**

**12,800+**  
Standard Gyms



**10,200+**  
Premium Gyms



<sup>1</sup>\$28 enrollment fees waived 12/1/25 12:01 a.m. - 2/28/26 11:59 p.m. PT. <sup>2</sup>Plus applicable enrollment fees and taxes. <sup>3</sup>Not all program sponsors offer Marketplace; vendors, products, and discounts are subject to change. <sup>4</sup>Members may select multiple gym memberships with a \$5 discount off the monthly fee for each additional gym selected. <sup>5</sup>Add your spouse/domestic partner for additional fees. Fees will vary. Conditions apply.

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